Umberto Fabbri was born in Sao Paulo and has a Master's Degree in Marketing from ESPM, a Bachelor in Business Administration from Mackenize University, Specialist in Depression Treatment – FEESP, Philosophy Course – FEESP, Communication Techniques – FEESP and Educator – FEESP.

He distinguished himself as a writer, education, speaker, and lecturer. He has already given more than 4,000 public lectures in congresses and seminars, as well as in various institutions in Brazil and abroad. His work also appears on the most diverse types of media, such as radio, television, newspapers, and magazines.

Author of various books, handouts, and DVD's; writer of various articles and columns for many different magazines and newspapers; educator, lecturer, and researcher in the areas of philosophy, spiritualism, personal balance, and the quality of life; an enthusiast of the capacity of human accomplishment, stimulating reflection on success and happiness, focusing on family, personal leadership, and integrity of character; motivator for the achievement of a worthy life, through intelligence and constructive thinking.

At the moment his books are also being published in multiple languages, increasing the reach of his works which contribute significantly to the betterment of human beings.